Operating Instructions Ironmaster Dip Handles for IM2000

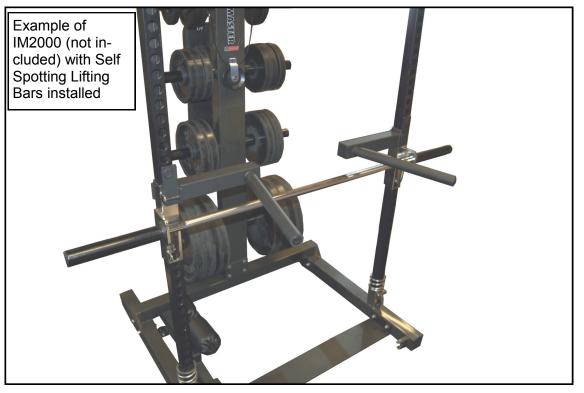
Congratulations on your purchase of this fine Ironmaster product. For any technical questions or support please contact us at 1-800-533-3339. Be sure to read and understand the operating instructions.

Box Contents: Dip bar handle pair

These dip handles are only compatible with the Ironmaster IM2000 machine. If unsure of compatibility contact your local Ironmaster retailer or Ironmaster directly.

Load Rating: 400 lbs



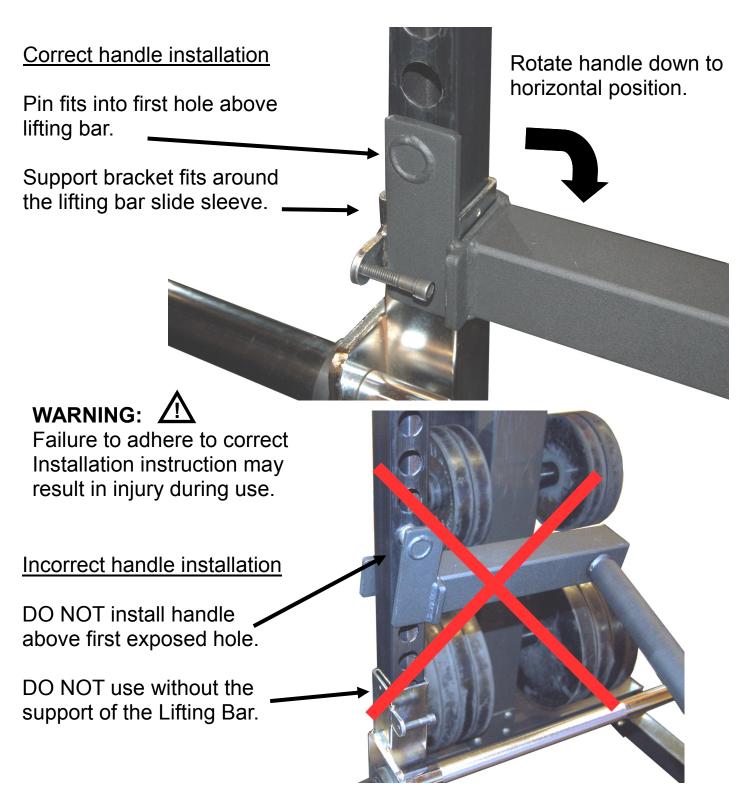


Operation:

Set the Self Spotting Lifting Bar of the IM2000 to the desired height level. Rotate the handles to approx. 45 degrees then, insert the pins into the first exposed hole in the Slide Rails above the lifting bar and rotate the handles down over the lifting bar sleeve into the horizontal position. You may raise or lower the lifting bar to adjust the handle height, but will need to remove the handles and set the lifting bar first.

DO NOT install the dip handles without support from the lifting bar. This could lead to injury or damage to your IM2000 uprights. See images on the next page for more details of how to install.

Bar dips exercises should be performed with the user facing into the machine. You can vary the handle grip width by moving closer or further from the lifting bar.



For customer service, contact your local distributor or:

Ironmaster LLC,14562 167th Ave SE Monroe, WA 98272 USA

Web site: www.ironmaster.com Email: support@ironmaster.com Tel: 800-533-3339 or 1-360-217-7780

Warranty Information:

Your Ironmaster attachment has a limited 10 year warranty to the original purchaser. Warranty covers repair or replacement for mechanical integrity when used according to the instructions for normal exercise use. Normal warranty covers in home use only. Finish and wear items such as rubber and painted surfaces are not covered. If you need warranty service, contact Ironmaster for return instructions and additional terms and conditions.